



NWSF Coach Education 2023

Title	What	How	Date	Time	Location	Lead
DOC & FCC Start of Year Meeting	Going through all matters to get ready for the year!	https://zoom.us/j/91256661574	Monday, February 6	7pm to 8pm	Zoom	TP
Super League & Premier League Coach Mentoring Night	Coaches will observe a Spirit FC Mens & Womens First Grade session and learn about planning & delivering sessions, as well as how to prepare for a competitive season. We will also take coaches through best practice for video in their club, including VEO systems	https://form.iotform.com/200308010358845	Tuesday, February 28	6.30pm to 8.30pm	Christie Park	TP
Developing Athletic and Ruthless Players Special Presentation	Spirit FC Head of High Performance and Head of Mentality will take you through how to incorporate strength, conditioning and mentality training in your local club environments	https://form.iotform.com/210335934539862	Monday, March 6	7pm to 8.30pm	Christie Park	TP / GH
GK Essentials North Zone (Night 1 and Night 2)	Run by NWSF Spirit FC coaches and players. Local club goalkeepers get free training in these sessions and coaches receive GK coach education. Include girls only groups. Note there are wet weather backups for this event.	https://form.iotform.com/220308568620857	Friday, March 17 Friday, March 24	5pm to 6pm (U8-U12) and 6.15 pm to 7.15pm (U13-Snr)	Pennant Hills Park	KG / GV / TC
NWSF Coaching Expo	Coaches from FNSW, Football Australia & national teams will present various sessions. Coaches can choose to attend the session that most interests them.	https://form.iotform.com/210336359314855	Monday, March 20	6-8pm	Christie Park	TP
NWSF Coaching Essentials - Zoom Presentation	We go through all you need to know for 2023 to be ready to succeed! This does not replace doing your certificate but is part of helping you to be ready for a great season. They only take 45 minutes on Zoom.	https://zoom.us/j/92682201824	Monday, March 27	U6 to 12 Coaches at 6.30pm / U13 to 18 Coaches at 7.30pm	Zoom	TP
NWSF Minis Forum	For Mini's coordinators this session is to go through all the information that can help you understand training, gameday and coordination information to succeed in your role in 2023.	https://zoom.us/j/97617827179	Monday, March 27	7.30pm to 8pm	Zoom	TT / FMC / TP
GK Essentials - West Zone (Night 1 and Night 2)	Run by NWSF Spirit FC coaches and players. Local club goalkeepers get free training in these sessions and coaches receive GK coach education. Include girls only groups. Note there are wet weather backups for this event.	https://form.iotform.com/230177211644853	Friday, March 31 Friday, April 14	5pm to 6pm (U8-U12) and 6.15 pm to 7.15pm (U13-Snr)	Harold West Oval	KG / GV / TC
Senior/Performance Certificate (Day 1, 2 and 3)	This is for all coaches U18 to Senior. It will teach coaches to recognise key problems in football matches and how to deliver sessions to modify these behaviours. It will also go into detail on team tasks, zone rules and positional cues. Attendance of Day 3 will be allocated to you on Day 2.	https://education-ffa.sportingpulse.com/Entry/?EID=26218	Sunday, April 30 TBC (selected by participants)	5pm to 9pm	Christie Park	TP / JC / DT
Miniros Certificate - North Zone	The course all U6 to U8 coaches should attend. It teaches coaches how to create an environment where players can learn the game through enjoyment.	https://education-ffa.sportingpulse.com/Entry/?EID=26219	Monday, April 3	6.30pm to 9.30pm	Pennant Hills Park	CS / JU
Coaching Apprenticeships Nominations	Your club can nominate coaches to come and be apprentices at the renowned NWSF Academy. Coaches (young or old) who do this take their coaching to another level by working with our NWSF Spirit FC Coaches. The commitment is as much as they have time to commit and only operates on a Monday.	https://form.iotform.com/200308583346857	Monday, April 10	Due by this date	NA	TP
Miniros Certificate - East Zone	The course all U6 to U8 coaches should attend. It teaches coaches how to create an environment where players can learn the game through enjoyment. It is run by Chris Salmon and Tim Palmer with the support of our NWSF Spirit FC coaches.	https://education-ffa.sportingpulse.com/Entry/?EID=26239	Monday, April 17	6.30pm to 9.30pm	Christie Park	CS / CL
Skill Training Certificate (Night 1 and Night 2) (includes female coach only groups)	The course all U9 to U12 coaches should attend. It is delivered by the best NWSF and FNSW presentors with the NWSF Spirit coaches in a fun dynamic format. Coaches will develop their understanding of how to improve the skilful DNA of their players, with a focus on core actions	https://education-ffa.sportingpulse.com/Entry/?EID=26220	Monday, April 17 TBC (selected by participants)	6.30pm to 9.30pm TBC	Christie Park	TP / IC / KD
GK Essentials - East Zone (Night 1 and Night 2)	Run by NWSF Spirit FC coaches and players. Local club goalkeepers get free training in these sessions and coaches receive GK coach education. Include girls only groups.	https://form.iotform.com/230177623455860	Friday, April 21 Friday, April 28	5pm to 6pm (U8-U12) and 6.15 pm to 7.15pm (U13-Snr)	Tuckwell Oval	KG / GV / TC
NWSF Academy Trials - Females	For players aged U8 to U16 (female).	https://www.nwsf.com.au/nwsf-academy.html	Friday, April 28	Details TBC	Christie Park	NA
NWSF Academy Trials - Males	For players aged U8 to U16 (male).	https://www.nwsf.com.au/nwsf-academy.html	Monday, May 1	Details TBC	Christie Park	NA
Game Training Certificate (Night 1 and Day 2)	This is course all U13 to U17 coaches should attend. It develops the coach to deliver game situation sessions by observing Spirit FC sessions and matchdays, before applying to your own environments. It also provides insight into team tasks and core actions	http://education-ffa.sportingpulse.com/Entry/?EID=26221	Friday, May 5 TBC (selected by participants)	6pm to 9pm TBC	Christie Park	TP / DT
NWSF Academy commences (all players)	For players aged U8 to U16 (male and female).	https://www.nwsf.com.au/nwsf-academy.html	Monday, May 8	Details TBC	Christie Park	NA
Miniros Certificate - West Zone	The course all U6 to U8 coaches should attend. It teaches coaches how to create an environment where players can learn the game through enjoyment.	https://education-ffa.sportingpulse.com/Entry/?EID=26223	Monday, May 8	6.30pm to 9.30pm	Harold West Oval	CS / IC
C Licence	NWSF hosts a C Licence course. Coaches can apply for scholarships via their local clubs. This is the first step on the advanced coaching pathway. It is held initially on Friday nights during the season then on consecutive weekends post-season, to enable coaches to apply advanced coaching skills with their own teams during the competition season	Notifications through email and website	Part 1 - four Friday nights from May 12 to June 2 Part 2 - Friday, Saturday and Sunday on November 17 and 24	6pm to 10pm 6pm to 10pm (Fridays) and 9am-4pm (Saturday/Sunday)	Christie Park	TP
Miniros Certificate - South Zone	The course all U6 to U8 coaches should attend. It teaches coaches how to create an environment where players can learn the game through enjoyment.	https://education-ffa.sportingpulse.com/Entry/?EID=26224	Monday, May 15	6.30pm to 9.30pm	Meadowbank Oval	CS / CL
Female Coaches Only! - A Mentoring Zoom Presentation	Our top female Spirit FC and special guest coaches will take you through insights in coaching and ways we can support you this season.	https://zoom.us/j/92321432670	TBC	TBC	Zoom	LW / VM / JC / GV



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A Night with Women in the Know Special Presentation	As part of celebrating Female Football Week, we will host Rae Dower (FA Womens Technical Director), Kelly Stirton (Paramatildas Head Coach) and Leisel Stimpson (PINK Program Head Coach) for a special night	https://form.jotform.com/230908305259861	Monday, May 22	7.30pm to 9.30pm	Christie Park	WWC Group / TP
Miniroos Certificate - Female Coaches Only	The course all U6 to U8 female coaches should attend. It teaches coaches how to create an environment where players can learn the game through enjoyment.	http://education-ffa.sportingpulse.com/Entry/?EID=26226	Monday, May 29	6.30pm to 9.30pm	Christie Park	IC / GV / VM
Skill Training Certificate (Night 1 and Day 2)	The course all U9 to U12 coaches should attend. It is delivered by the best NWSF and FNSW presentors with the NWSF Spirit coaches in a fun dynamic format. Coaches will develop their understanding of how to improve the skilful DNA of their players, with a focus on core actions	http://education-ffa.sportingpulse.com/Entry/?EID=26229	Monday, June 19	6.30pm to 9.30pm	Christie Park	TP
			TBC (selected by participants)	TBC	Christie Park	
Sydney FC Special Presentation	Sydney FC in conjunction with NWS Spirit FC and NWSF will deliver a course for senior and youth coaches to learn from their A-League first team coaches and management staff.	TBC	TBC	TBC	Sky Park	TP
GK Certificate	This is for all coaches who want to coach goalkeepers in your teams with best practice or to become your clubs GK coach. You will learn how to create the best learning and technical environment.	http://education-ffa.sportingpulse.com/Entry/?EID=26227	Sunday, November 19	9am to 4pm	Christie Park	KG
DOC & FCC End of Year Meeting	Review of this year and planning for next year.	Email reminder	Monday, November 27	7pm to 9pm	The Ranch	TP